

## **Safety lab instruction**

In accordance with the requirements of laws and regulations regarding occupational safety, I was given safety training that included, among others, the following topics:

1. Risks when working with substances/chemicals and biological agents (including safety levels), work instructions and disposal of chemical/biological waste.
2. Knowing the material's safety sheet for its sections, and the obligation to read it before any work with the material.
3. Guidelines for storing and transporting materials.
4. Using Personal Protective Equipment is mandatory: lab coat, gloves, safety glasses and closed shoes.
5. Safety measures available in the laboratory and its surroundings: Chemical/biological hood, emergency shower, eye wash, button to cut off electricity, fire extinguisher, floor safety cabinet, spillage treatment bin and emergency exits.
6. Actions during emergency events: exposure to substance, spillage, fire, needle stick.
7. Emergency phone number: **03-531-7777**.
8. Fire and electricity safety in lab.
9. Regulations and safety of women's work in the laboratory, including the obligation to notify the supervisor of a pregnancy within 10 days.
10. Eating, drinking, wearing contact lenses and working alone are prohibited in the lab. Long hair must be tied back.
11. Safety instructions for special/individual processes in the laboratory (specify the processes, such as soldering, hydrogenation, piranha solution, cytotoxic substances, autoclave, etc.):  
  
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12. Full instructions in the published safety instructions, set once a year, was passed on to me and I will study it.

Safety instructions were given by: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

I, \_\_\_\_\_, hereby acknowledge that I have listened to and understood the safety instructions given to me.

ID/Passport No.: \_\_\_\_\_

Signature: \_\_\_\_\_